

Phone # _____

Name: _____

Month Day	Time	12a	2a	3a	6a	7a	8a	9a	10a	11a	12p	1p	2p	3p	4p	5p	6p	7p	8p	9p	10p	11p	Comments
1-13-08	Blood Sugar									145						222					179		
	Total Carbs																						
	Meal insulin																						
	High BS Insulin																						
	Lantus																						
	Ketones																						
1-14-08	Blood Sugar		277						148		150									229			
	Total Carbs																						
	Meal insulin																						
	High BS Insulin																						
	Lantus																						
	Ketones																						
1-15-08	Blood Sugar							121				278					152						282
	Total Carbs																						
	Meal insulin																						
	High BS Insulin																						
	Lantus																						
	Ketones																						

Correction Factor =

Carb ratio =

Breakfast =

Lunch =

Dinner =